

What's new in decorating for 2009?



Looking to update the rooms in your house? Try incorporating some of these new ideas into your existing home. Consider some of the trends (many cost effective) that are increasingly popular.

Would you like to brighten a room? For less than \$100.00 and a little sweat equity, you can change the feel of a room with simple touches such as paint or a few new pillows.

- Mimosa is the color pick of the year. Its yellow/orange-hue exemplifies the warmth and nurturing quality of the sun, sparking imagination and innovation.
- Other eye catching colors include violet and sandy tones that can be accentuated by barn red, salmon pink or grassy green shades
- Blue is the new green, as we look to our commitment to the environment. Try water-based and saturated blues in mid-values.
- Accent your wheat-toned and light colored furniture with pillows accented with fuchsia or violet. Eye catching!
- This year's fabric choices will be intricate weaves, fine and elaborate textures and lustrous overtones offering visual and textural variety.
- Picking a color and pattern that suits you adds a personal touch.

For the home owner looking to make a more substantial investment, "green" is no longer a trend as much as it is incorporated into much of the flooring, furniture and construction of homes.

- Bamboo and cork are excellent flooring choices. Cork flooring insulates and is highly durable while bamboo changes the look of a room without looking like everyone else's hardwood.
- Carpet is not just something to walk on anymore – modern art is being incorporated in flooring using patterns and designs that are intricate and inspiring.
- Hi-tech manufacturers have been increasing their presence in the "green scene" with the advent of sophisticated shower systems integrating foot rests, hand shower attachments and massage options, all designed to use less water and reduce energy consumption.

Finally, as we are living longer and increasingly aware of the need to take care of our physical, emotional and spiritual well-being, we are beginning to look at our homes as our sanctuary. When remodeling or designing a home, luxuries such as spa bathrooms are becoming more commonplace. Consumers should also consider design options that will allow them to age comfortably in these personal sanctuaries by incorporating some of the following characteristics into the design/remodeling project:

- Design with products that are universal, adaptable, accessible and able to be used by visitors such as elderly parents or relatives.
- Future focus will be on fulfilling existing and potential accessibility needs, such as wider hallways, deeper roll-in closets with turnarounds, generous door openings, lever door handles, and double stair handrails.



This year looks to be bright, colorful and fun! Incorporating some of the tips above will easily move a room or a house into 2009. Brenda Peisinger is a holistic interior designer. For additional tips, visit her website at www.WellnessDesigns.org or call her at (717) 885-3254 to schedule an individual consultation.